# Understanding & Applying Theoretical Frameworks to Health Insurance Literacy

Webinar
Thursday, December 6, 2012

1-2:30 EST



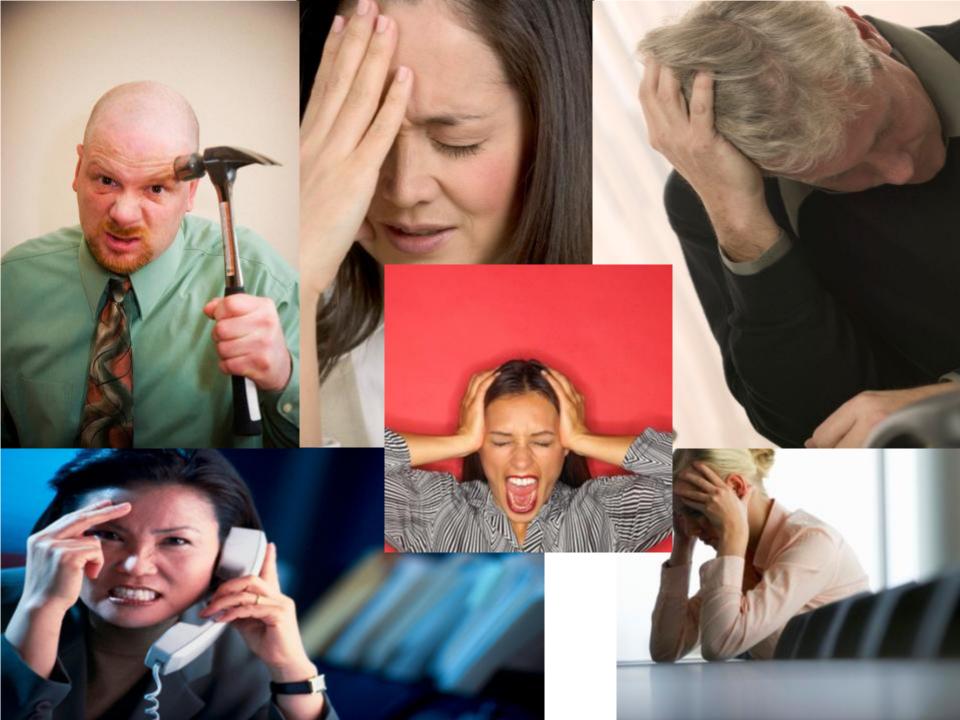
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# **Today's Focus**

- –Launch work teams-identify teams and leaders
- Increase knowledge of theoretical basis of work
- Determine future touch points



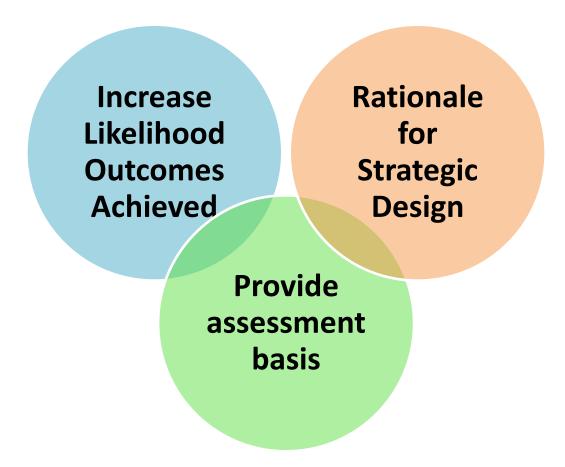
## Consumers Don't Understand Health Insurance

They struggle with the basic concept of insurance

They REALLY struggle with cost-sharing terms

They dread shopping for coverage

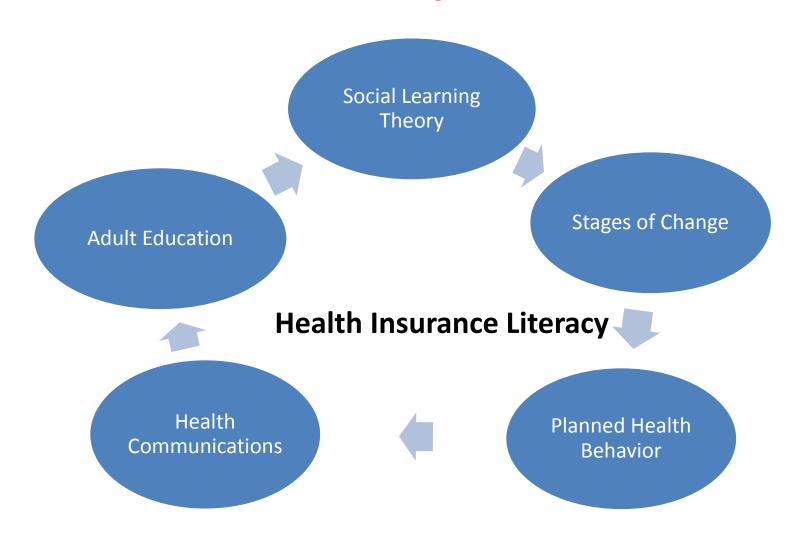
#### Why Use Theory in Program Design and Evaluation



# How can theories be tested for goodness of fit?

- Logical;
- Consistent with everyday observations;
- Similar to those used in previous successful programs; and
- Supported by past research in the same or r
- Related area.
- Source: U.S. Department of Health and Human Services. National Institutes of Health. National Cancer Institute. (2005). Theory at a glance: A guide for health promotion practice.

# What theories are a good fit for a health insurance literacy intervention?



# Survey Says . . .

December 6, 2012



#### Michelle Rodgers, PhD

Associate Dean for Extension and Outreach
University of Delaware's College of
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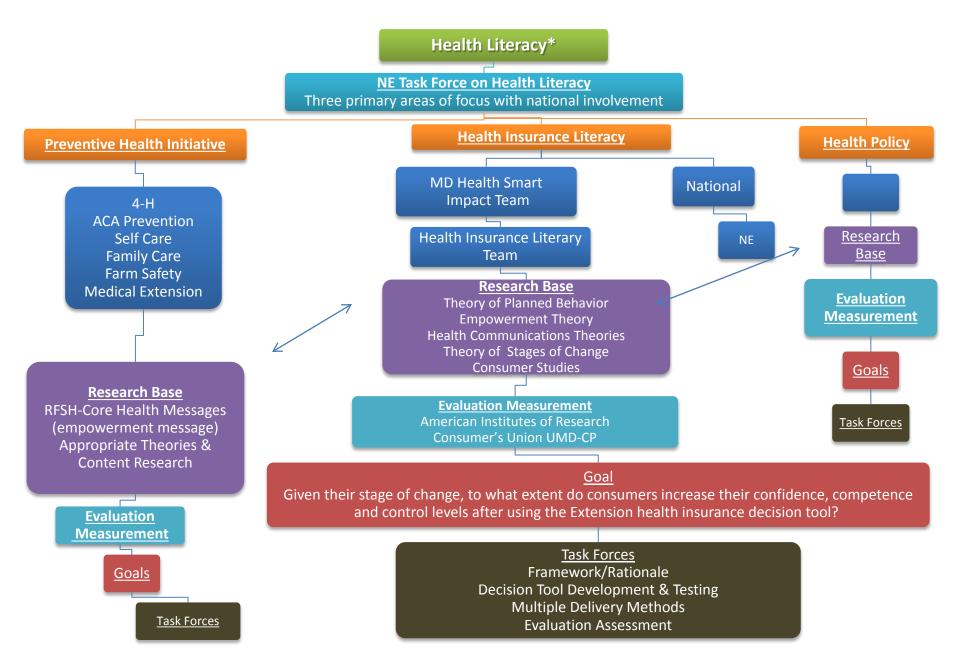
### **Extension Multi-State Health Literacy Initiative**

A new and unique opportunity to address health literacy of youths and adults across the nation.

The higher the level of health literacy, the greater the likelihood of positive health outcomes.

#### Research and theory-based initiative components:

- 1) Public Issues Education
- 2) Preventive Health Care
- 3) Health Insurance Literacy



\*ECOP Task Force - 2013 determine overall goals and objectives nationally

### **Taskforces**

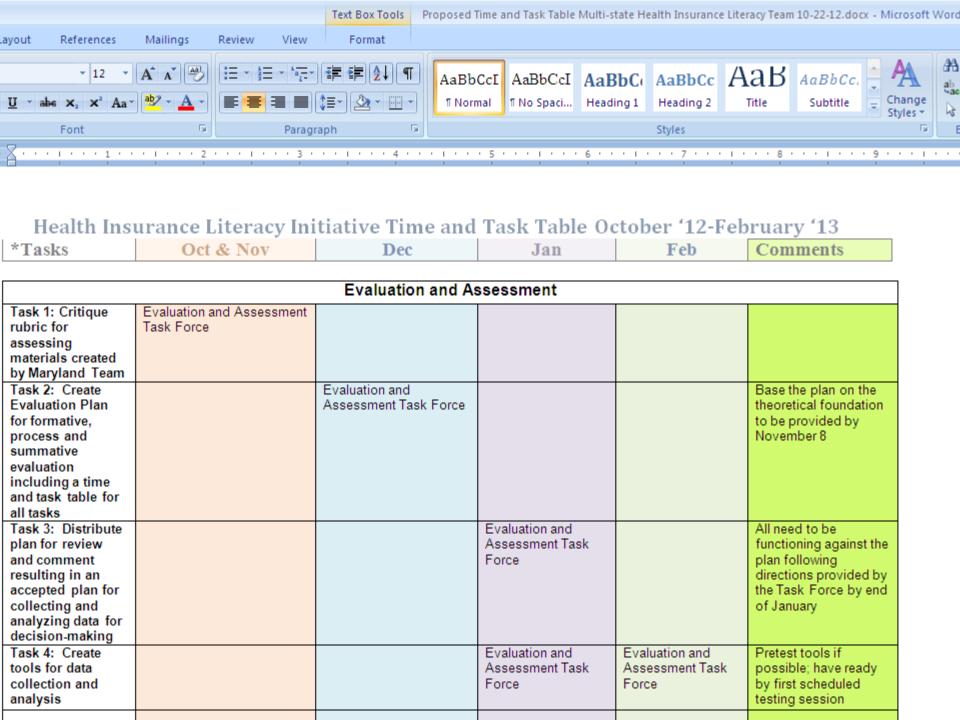
- Leadership for Framework/Rationale/Operations
- Decision Tool Development & Testing
- Multiple Delivery Methods
- Evaluation Assessment

#### Health Insurance Literacy Initiative Time and Task Table October '12-February '13

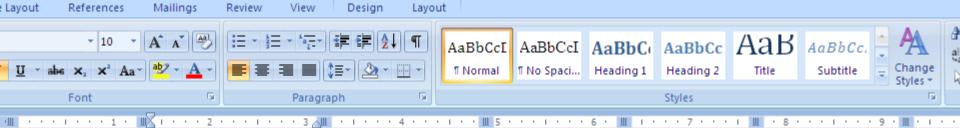
\*Tasks Oct & Nov Dec Jan Feb Comments

	F	Research and Theoret	tical Framework		
Task1: Create the framework, rationale and theoretical base for the Initiative	Michelle, Bonnie				Test November 8;
Task 2: Create and disseminate a video explaining the framework		Michelle & Bonnie			Set date for creating the video and for distribution.
		Content and	Output		
Task 1: Review	Content and Output Task	- Contont und			MD team is almost
existing decision tools and information on health insurance literacy and education	Force Maryland Team				finished with this review and has a created a rubric to judge existing curricula and educational tools
Task 2: Create a decision tool for health insurance education and teaching		Content and Output Task Force Maryland Team	Review draft—all members of the initiative	Testing of the tool—February- May	First tool will be built on a decision-tree architecture. Other tools can be created during test period

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*Tasks	Oct & Nov		Jan		Comments	
" I asks	Oct & Nov	Dec	Jan	Feb	Comments	
1		Delivery Methods Task				1
Task 1: Inventory		Force				
potential methods						
of delivery, and research showing						
effectiveness of						
methods with						
audiences						
Task 2: Create an analysis chart		Delivery Methods Task Force				
showing pros &		1 orce				
cons and						
feasibility of						
methods Task 3: Distribute			Delivery Methods			-
analysis for			Task Force			
review and						
critique resulting in a priority list of						
methods for initial						
testing						
Task 4: Work with				Delivery Methods	Will need to	
Content and Output Task Force				Task Force	coordinate with Evaluation Task Force	
to create a test of					L valuation Task Torce	
the decision tool						
using the						
prioritized methods						
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### Health Insurance Literacy Initiative Time and Task Table October '12-February '13 \*Tasks Oct & Nov Dec Jan Feb Comments

Pilot Testing of Decision Tool						
Task 1: Identify volunteers for testing the decision tool and method of delivery		Content and Output Task Force	Volunteers schedule dates/times for tests between late February and end of April			
Task 2: Conduct training for volunteers in use of decision tool, methods of delivery and evaluation data collection		Delivery Methods Task Force	r ye.n	Content and Output Evaluation & Assessment & Delivery Methods Task Forces	Must be done in time for first testing session.	
Task 3: Contest test of tool and methods.				Volunteers		
Task 4: Collect and analyze data				Volunteers, Evaluation & Assessment Task Force	Data collection	
Task 4: Create recommendations for modification of tool and delivery methods					This will be done in the summer of 2012	

# Timeframe Details on Time and Task

- Nov-Feb 2013 Task team work
- March-May 2013 Testing of decision tool, delivery, evaluation
- Early Summer Refinement of above
- Summer Preparations to deliver education
- Fall Delivery of health insurance literacy education and data collection
- Winter 2013 Data analysis/reporting/presentations