



# Montgomery County

## News and Notes

January / February 2010

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### Upcoming Events

Jan 4, 2010  
**Presidential Service Award Applications Due** to County 4-H Office

Happy New Year!

4-H Record Books, Portfolios, Out-of-State Trip Applications, and Presidential Service Award Applications are due to the 4-H Office over the next few days. You have time to check over your work one last time before handing it in.

4-H Inclement Weather Policy - 4-H activities will be cancelled when Montgomery County Public Schools and/or County Recreation Activities are cancelled due to inclement weather.

## 4-H Committees Looking for Volunteers

In Montgomery County we believe that our 4-H programs work best when youth and adult volunteers work together. In fact, without our volunteers, many of our 4-H programs could not continue. We hope that you will consider serving on one or two 4-H committees to help Montgomery County 4-H during the upcoming year.

Even though planning for some of our programs has already begun, the committees work throughout the year to discuss issues and improve programs for the future. We ask that for continuity, if you volunteer to serve on one or more of these committees, that you serve at least two years.

Please let us know by February 1, 2010 if you can volunteer on one or more of the following committees:

- Visual Presentation Day / Healthy Lifestyles
- Fashion Revue
- Club Recognition
- Public Speaking
- Record Books
- Junior Leadership / Officer Training
- 4-H interstate Exchange

Details on tasks required for each committee can be found on the [Montgomery County 4-H Website](http://montgomery.umd.edu/4-H/) under "Volunteer" (<http://montgomery.umd.edu/4-H/>).

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Contact: Mary Fendrick  
301-590-2824

Jan 7-11, 2010

**Record Books Due**

Record Books due to county 4-H Office  
Contact: Alganesh Piechocinski  
301-590-2804

Jan 8, 2010

**Applic/Resume/Essay for Out of State Trips Due**

Application/Resume'/Essay for National 4-H Congress, West Virginia Older Members Conference, Virginia 4-H Congress and Camp Miniwanca due to county 4-H Office  
Contact: Alganesh Piechocinski  
301-590-2804

Jan 19, 2010

**Record Book Judging** - Interested adult volunteers should contact the county 4-H Office

Contact: Alganesh Piechocinski  
301-590-2804

Jan 21, 2010 - Jan 24, 2010

**Maryland Horse World Expo & 4-H Horse Art Contest**

Location: Maryland State Fair Grounds, Timonium  
Contact: Kristen Wilson  
301-596-9478

Jan 23, 2010 - Jan 23, 2010

**Beekeeping 101**

Learn about bees in general, beekeeping equipment, how & where to set up and establish a hive, how to use a smoker and how to hive a package of bees. One Saturday per month thru April, with a final session in Sept. Deadline 1/15/2010.

Time: 9:00 - Noon

Location: Wye Research & Education Center Queenstown, MD

Contact: Debby Dant  
410-827-8056 x115

Jan 25, 2010

**Healthy Lifestyles Workshop** - 8:30 a.m. - 2:00 p.m. at the county 4-H Office

Contact: Mary Fendrick  
301-590-2824

Jan 26, 2010

**MCE Seminar**

4-H Horsemanship Standards Update and Training

Time: 1:00pm

Location: Via Adobe Connect  
Contact: Kristen Wilson  
301-596-9478

Jan 27, 2010

**4-H Officer training** - 7:00 p.m. - 9:00 p.m. at the county 4-H Office

Contact: Mary Fendrick  
301-590-2824

Feb 6, 2010

## Reflections on the 4-H Teen Forum

by Ian Doody



The Ocean City Teen Forum held the weekend before Thanksgiving was a very popular event and four families attended from the Damascus Community 4-H Club. All four of the families came home with magnificent stories to tell and knowledge to share about the excellent classes at the Teen Forum.

Mrs. Alethia Watkins noted, the classes were the best this year out of the many years she has attended. She was especially fascinated with the Movie Maker class, in which she learned how to produce movies from pictures that she had taken. She also found the "Things to do in one hour or less" class very informative, as it presented them with many great ideas of fun activities to do with all ages. Seth Lauer also found the Movie Maker class, as well as a team building games class, and a class about a program called GivaGeta very useful, and stated that he thought he could put all the things he learned at the Teen Forum to good use at our 4-H club.

Mrs. Melanie Lauer said that her favorite class was "Real Colors," where she learned about the different personalities and how to deal with each different type. Mrs. Angela Thompson and Emma Thompson likewise found this class insightful. Mrs. Lauer also enjoyed learning how to make and take origami stars that she always found very interesting. She also said there is a class for everyone at the Teen Forum and that she recommends that any teen who wants to be a leader in their club should consider attending. Kelsey Watkins took the "Keeping Teens Engaged, Fun projects to do in an Hour, 4-H Quiz Bowl, and Science in 4-H classes at the Teen Forum." She thought the 4-H Quiz Bowl was very similar to the high school academic team. She thought that all the activities were very fun and informative.

Mrs. Jill Green and Danielle Green also attended and enjoyed the workshops. Most of the participants from the club commented on the fun activities to do in their free time. They enjoyed seeing movies, ice skating, playing ping-pong, swimming, and seeing

**Communications Workshop** 10 a.m. - Noon at the county 4-H Office  
*Contact: Mary Fendrick*  
301-590-2824

Feb 6, 2010

**Out of State Trips**

Interviews for National 4-H Congress, West Virginia Older Members Conf., Virginia 4-H Congress, Camp Miniwanca

*Location: Queen Anne's County Extension Office*

*Contact: Cassandra Corridon*  
301-314-7363

Feb 13, 2010

**Interviews for Out of State Trips**

Interviews for National 4-H Congress, West Virginia Older Members Conf., Virginia 4-H Congress, Camp Miniwanca

*Location: Carroll County Extension*

*Contact: corridon@umd.edu*  
301-314-7363

Feb 15, 2010

**4-H Day in Annapolis** - Interested families should contact the county 4-H Office

*Contact: Mary Fendrick*  
301-590-2824

Feb 20, 2010

**County 4-H Recognition Night**

*Location: Globe Hall, Montgomery College, Germantown Campus at 7 p.m.*

Feb 20, 2010

**Animal Sciences Leaders Forum**

*Location: TBD*

*Contact: Chris Anderson*  
301-314-7187

Mar 6, 2010

**Livestock Skillathon**

*Contact: Chris Anderson*  
301-314-7187

Mar 13, 2010

**4-H Horse Bowl Contest**

*Location: University of Maryland Plant Sciences Building*

*Contact: Kristen Wilson*  
301-596-9478

Mar 20, 2010

**Create a Dish Garden**

*Location: County 4-H Office 10 a.m. - Noon*

*Contact: Mary Fendrick*  
301-590-2824

Mar 29-31, 2010

**Sewing Workshop**

*Location: County 4-H Office 8:30 a.m. - 1:00 p.m.*

*Contact: Mary Fendrick*  
301-590-2824

Apr 3, 2010

Ocean City. They also raved about the delicious meals that were served buffet style. All of them said that they highly recommend the Teen Forum to other 4-H teens and parents and want to go back again next year.

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## Come to the 2010 Healthy Lifestyles Workshop

Want to Learn and Have Fun on Your Day Off From School? Join Us at the 4-H Office for the 2010 Healthy Lifestyles Workshop!

January 25, 2010

8:30 a.m. - 2:00 p.m.

The workshops will explore a variety of topics, like food safety, exercise, and gardening, that lead to healthy living. They will be informative, hands-on, and fun!

Bring Your Lunch

Beverages will be provided

We encourage all 4-H members to come. This workshop will be a very nice entry in your record book and counts as a county level event for your Diamond Clover Plan and your Dairy Card. But the best reason to come is that you are going to have a great time with all your county 4-H friends and learn some cool stuff! **Be sure to register no later than January 15, 2010.**

Register online

here (<http://tinyurl.com/4HhealthyLifestyles>), or by filling out the form at the end of this newsletter and returning it to the Montgomery County 4-H Office.

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## Senior Council Kicks Off the New Year

*by Annette Plitman*

Senior Council kicks off the new year on January 10, 2010 from 3:00 p.m. -4:00 p.m. We will be meeting at the McDonalds on the corner of Muncaster Mill Road and Muncaster Road in Derwood -just down the street from the Extension Office. We will be planning social and community service activities for the rest of the year. Come with lots of ideas!

Questions-call Annette at 301-570-6310 or email [aplitman@hotmail.com](mailto:aplitman@hotmail.com)

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### **Maryland 4-H Sporting Clays Match**

Contact: Conrad Arnold  
410-228-8800

Apr 16, 2010 - Apr 18, 2010

### **Maryland 4-H Engineering Camp**

Location: Rocks 4-H Camp  
Contact: Dwayne Murphy  
410-666-1025

Apr 17, 2010

### **4-H Hippology Clinic**

Location: Carroll County Ag Center  
Contact: Kristen Wilson  
301-596-9478

Apr 22, 2010

### **Horse Pasture Walk**

An evening horse pasture walk will be held at the Equine Rotational Grazing Demonstration site. Special topic: Soil testing

Time: 6pm - 8pm  
Location: CMREC-Clarksville, 4241 Folly Quarter Road, Ellicott City, MD 21042

Contact: Amy Burk  
301-405-8337

Apr 24, 2010

### **Maryland Day and State Communications Contest**

Location: UMCP Campus  
Contact: Chris Anderson  
301-314-7187

May 1, 2010

### **Maryland 4-H Dairy Bowl**

Time: 8:30am  
Location: Animal and Avian Sciences Building, UMD, College Park  
Contact: Kiera Finucane  
301-405-1392

May 1, 2010

### **Maryland Sheep and Wool Skillathon**

Location: Howard County Fairgrounds  
Contact: Chris Anderson  
301-314-7187

Jun 12, 2010

### **Horse Judging/Hippology Contests**

Location: Frederick County Fairgrounds  
Contact: Chris Anderson  
301-314-7187

Jul 8, 2010 - Jul 10, 2010

### **Maryland 4-H Horse Jamboree and Comm Contest**

Location: Patuxent River 4-H Camp  
Contact: Kristen Wilson  
301-596-9478

Aug 25, 2010 - Sep 6, 2010

### **Maryland State Fair**

Location: Timonium, MD  
Contact: Chris Anderson  
301-314-7187

## 2010 Communications Workshop

The Montgomery County 4-H Office is providing a great opportunity for all 4-H youth to participate in a workshop that allows them to express themselves and to improve their ability to speak before an audience. Those who participate expand their speaking talents, and learn many valuable lessons that will help them in school, in college and in the job market.

This workshop will help you plan, write and deliver a speech, or give a demonstration. You can use what you learn in many arenas including the 4-H Public Speaking Competition and 4-H Visual Presentation Day.

The Communications Workshop will be held here at the 4-H Office on Saturday, February 6, 2010 from 10 a.m. to Noon.

### **Register Online Here**

(<http://tinyurl.com/4HCommunicationsWorkshop>) or by using the form at the end of this newsletter. Deadline to register is Monday, February 1, 2010.

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## Lucky Clovers End Year with Community Service

by Cathy Dobos



In November Lucky Clover club members made twenty mini-pies and decorated over two dozen cupcakes for the Montgomery Avenue Women's Shelter. These baked goods were made under the direction of Edith Williams, who accompanied Curtis and Victor Gannon to the shelter to present them to the director (see photo). In December the club sponsored a used coat drive for the Stepping Stones Shelter in Rockville as a community service component to our annual Holiday Potluck. Dozens of coats were

**2009 Montgomery County Agricultural Fair DVD Available** - The DVD is available for purchase for \$5.00. Proceeds go to the Montgomery County Agricultural Center. Contact Jeannine Shriver at the 4-H Office at 301-590-9638 if interested.

**2010 Montgomery County 4-H Summer Camp July 11-16, 2010** - Look for registration information in the March / April Issue of News and Notes

collected for distribution to needy men, women, and children.

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## New 4-H Horse Club has Big Heart

*by Alana Hamann, President of It's a Horse Thing*

The ***It's a Horse Thing*** 4-H Club has 8 members with big hearts. For their 2009 Community Service Projects they selected to make No-Sew Pet Beds for the dogs at the Montgomery County Humane Shelter and collect food items for the Second Chance Wildlife Rehabilitation Center.

Thirty-two No-Sew Pet Beds were delivered to the shelter in September, 2009. The beds were very well received by the dogs and one cat. They now have soft beds to sleep on. The members also collected 23 pounds of baby food for the Wildlife Center. The food was delivered in November, 2009. In 2010 we will be making dog treats and tug toys for the dogs at the Humane Shelter, as well as volunteering at Days End Farm Horse Rescue.

. . . You cannot do a kindness too soon, for you never know how soon it will be too late. - Ralph Waldo Emerson

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## 4-H Day in Annapolis February 15, 2010

Come spend the day with other Maryland 4-H Youth and Volunteers as we:

- Tour historic Annapolis, our state capitol
- Meet with Maryland Legislators to share information about University of Maryland Extension and the 4-H Youth Development Program
- Meet new friends
- Learn how a bill becomes a law in Maryland
- Listen to various government officials describe their roles and learn how we, as citizens, can be involved in government

County 4-H groups will make appointments to meet with their own county delegation members after a brief overview and general program in the morning.

For more information about this unique opportunity, contact the Montgomery County 4-H Office by phone (301.590.9638) or by email ([fendrick@umd.edu](mailto:fendrick@umd.edu)).

Registration for this event closes on Friday, January 22, 2010.

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## Be a Pen Pal with 4-H'ers in Japan!

The Camp Zama SAS 4-H club in Japan is once again looking for pen pals to correspond with. If your 4-H club is interested in corresponding with this club please contact their 4-H club leader, Nick Andrews at [nicholas.andrews2@us.army.mil](mailto:nicholas.andrews2@us.army.mil).

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## Horses for 4-H Projects Available for Adoption

I currently have 4 young horses available as project horses. The horses range in age from yearling to 3 years, are all healthy, and ready to begin their new lives.

These horses will be adopted out to 4-H members free of charge with a lifetime contract for the horse's protection. If the 4-H member/family is no longer able, or no longer wishes, to care for the horse it must be returned to New Life Equine Rescue. Or NLER must be involved in the sale/placement of the horse into a new home.

If you would like more information on the horses that are available please email Cathy at [info@nler.org](mailto:info@nler.org) or call 301-305-0702.

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## Lucky Clovers Scholarship and Grant Recipients

*by Cathy Dobos*

Julia Huang of the Lucky Clovers received a scholarship from the Montgomery County Farm Bureau to further her studies as an Agricultural and Resource Economics-Business Management major at University of Maryland. Samantha Brown was awarded a Maryland Agriculture Council, Inc. grant and a "Do Something" grant for her level-six Diamond Clover project, which will promote Maryland agriculture through a self-published children's picture book called "My Best Friend is a Farmer!" The book will be distributed locally at schools and the library, and will also be catalogued at the US Library of Congress. Thanks to the 4-H office for promoting these great financial opportunities in the News & Notes and via e-mail.

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## Maryland 4-H Youth Represent The Maryland 4-H Horse Program at Eastern National 4-H Horse Roundup

*by Kristen Wilson*

Sixteen of Maryland's top 4-Her's, four volunteer coaches, and Regional Extension Horse Specialist Kristen Wilson headed to Louisville, Kentucky from November 5-8, 2009 to compete in Horse Bowl, Horse Judging, Hippology and Horse Communications at the Eastern National 4-H Horse Roundup.



The Horse Bowl team coached by Dr. Al Starr (Howard) performed exceedingly well under pressure, coming into a 5<sup>th</sup> place finish. Theresa Alexander (Montgomery) earned a 7<sup>th</sup> place individual overall along with her teammate Amanda Rasch (Carroll) who placed 8<sup>th</sup> overall. Horse Bowl Team members included Rachel Ginn (Cecil), Katie Reynolds (Baltimore), Theresa Alexander (Montgomery), and Amanda Rasch (Carroll).

The Horse Judging Team faced some stiff competition, but it didn't faze them. The team went on to claim seventh place overall, fifth place in conformation classes, and a very impressive 2<sup>nd</sup> place overall in oral reasons. Sabrina Ginn (Cecil) coached team members Allie Pickens (Howard), Weber Stibolt (Anne Arundel), Ashley Newman (Carroll), and Jicheala Roderick (Frederick). Allie Pickens performed very well, placing 6<sup>th</sup> in conformation classes and 6<sup>th</sup> in oral reasons. Jicheala Roderick joined her teammate with a 10<sup>th</sup> place finish in oral reasons.

Led by coach Darryll-Ann Buschling (Howard), the Hippology Team faced some very tough competition this year. Hippology team members included Rebecca Hoffman (Carroll), Kaitlyn Pontuti (Baltimore), MacKenzie Barnard (Howard), and Brooke Dudrow (Talbot). Despite the fierce competition the team was able to pull out 10<sup>th</sup> place finishes in the written phase and a 9<sup>th</sup>

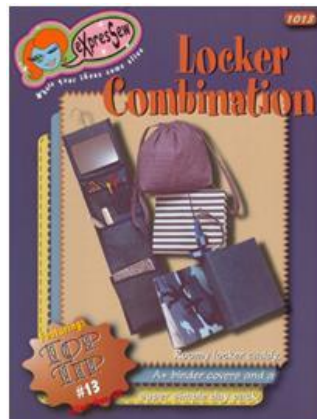
in the station phase.

The Horse Communications Team, coached by Janie Dell (Carroll) demonstrated and spoke eloquently against tough competition. The dynamic team demonstration duo of Lane Hahn (Carroll) and Stacey Heaver (Carroll), earned 2<sup>nd</sup> place for their excellent demonstration titled "Foal Watch". Lindsey Scott (Carroll) intrigued the judges with her talk about The Feather Fund, which earned her 13<sup>th</sup> place overall. Emily Snyder (Frederick) informed the judges with her individual demonstration about ringbone which earned her a 9<sup>th</sup> place finish overall.

Congratulations to all of the 4-Her's that superbly represented Maryland at the Eastern National 4-H Horse Roundup!

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## Spring Break Sewing Fun



Montgomery County 4-H will be holding a 3-day sewing workshop over the 2010 MCPS Spring Break Recess. The dates of the workshop are March 29, 30, 31, 2010 from 8:30 a.m. - 1:00 p.m.

This year the American Sewing Guild is going to show us how to make a locker caddy. While doing this project, you will learn new sewing techniques that can be applied other sewing projects.

The locker caddy has three roomy pockets for storing your notebooks, reports, and pens. It even has a compartment for you to customize for your smaller school supplies. There's also room to mount a small mirror or dry erase board. The locker caddy is very versatile that you will want to make a couple others for your room, closet, study area or bathroom.

The locker caddy is one sewing project within a workbook that is written especially for children. The workbook contains instructions and patterns for a large and small locker caddy. In addition you will have easy to follow instructions and patterns to make binder covers in three different sizes and a drawstring bag.

Due to copyright laws, each student must purchase a copy of the book in order to participate in this sewing class. Sorry, but there are no exceptions to this policy. Each student must purchase a book. The book will cost approximately \$12 and will be yours to keep. To help the parents and students we are going to provide the materials for the project.

Registration will be limited to 20 youth, so please register early using our online registration form or the form at the end of this newsletter. Please plan on bringing your own sewing machine and a snack each day.

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## 2010 Beekeeping Essay Contest

Honey bees don't do the Electric Slide, admits Helen Coats in her first place essay in the 2009 4-H Beekeeping Essay Contest, but their Honey Bee Dance makes them successful at producing honey - "So let's hear a round of applause for our little friends, who communicate through circles, wiggles, and waggles ... in order to create one of the world's favorite sweeteners - honey."

The 2009 essay contest, sponsored by the Foundation for the Preservation of Honey Bees, drew state-winning essays from 27 states. The assigned topic was "The Dance Language of Honey Bees." Essayists were to learn about the honey bee's dance language, how it was discovered, how it works and how it provides colonies the ability to find and exploit floral resources.

Helen, 10, lives in Rock Hill, S.C. She combines music with her love of nature and hopes to become an accomplished violinist and singer. She titled her essay: "The Bee Dance - Not Exactly the 'Electric Slide!'" As first place winner, she receives a \$750.00 cash award.

"BZZZZT! BZZZZT! A honey bee buzzes wildly while walking on the honeycomb. Becoming suddenly quiet, she circles left and downward...." Leslie Pike, 11, of Hodgenville, Ky., began her essay with a word-picture of the dance. She won second place and a \$500.00 cash prize.

The third place essay earned a cash award of \$250.00 for Traci Sirotiak, 18, of Newberg, Ore., who plans to continue in 4-H as a volunteer in her adult years. Because the four best essays were of such good quality, the judges are awarding an honorable mention prize of \$100.00 to Solly Burton, 17, of Sullivan, Ind. He has taken beekeeping in 4-H for eight years.

Each state winner, including the national winners, will receive a copy of a book about beekeeping.

The essay topic for 2010 is "Is My Community Honey-Bee Friendly?" Essayists are invited to survey their communities to see what is being done, or could be done to help honey bees.

And, conversely, what activities, if any, are harmful to honey bees.

Students interested in writing should contact their local 4-H offices for contest details. The state selection must be done through the 4-H system. Information on the rules and regulations can be found on the Montgomery County 4-H News and Notes Linkks and forms Webpage (<http://tinyurl.com/NewsNotesLinks>).

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## Montgomery County 4-H Program Registration Form

Please fill in all requested information and return to the Montgomery County 4-H office by the indicated deadline. Registrations returned after the indicated deadline will not be accepted. Duplicate this form as necessary

Name:
Phone:
Email:
Mailing Address:
4-H Club:
Circle One:            4-H Member            MCE Volunteer Newsletter Mailing List

Name:
Phone:
Email:
Mailing Address:
4-H Club:
Circle One:            4-H Member            MCE Volunteer Newsletter Mailing List

Please Indicate Which Program(s) You Are Registering For

- \_\_\_\_\_ Create a Dish Garden (Register by March 10)
- \_\_\_\_\_ Healthy Lifestyles Workshop (Register by Jan 15)
- \_\_\_\_\_ Officer Training (Register by January 22)
- \_\_\_\_\_ Communications Workshop (register by Jan 29)
- \_\_\_\_\_ Spring Sewing Workshop (Limit 20 participants)  
Do you have a sewing Machine? \_\_\_\_\_
- \_\_\_\_\_ Paper Newsletter delivered by USPS

For the latest news & events, please visit <http://www.agnr.umd.edu/news>

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The College of Agriculture and Natural Resources' three units—Academic Programs, the Agricultural Experiment Station, and Maryland Cooperative Extension—work in concert to educate students and citizens about critical issues and to solve problems in agriculture, food systems, and the environment. The college is an equal opportunity employer and provides equal access programs.

