4-H Meal Appeal Contest March 13, 2027 at DCO



1. The place setting will no longer be a requirement for club teams.
2. Once a team registers for the contest, they will be provided the mystery list of ingredients and the kitchen tool list.
3. Each team must incorporate 3 of the ingredients into their dish.
4. Each club team will need to incorporate the use of one of the three mystery kitchen tools.
5. For those clubs who do not participate, we will offer a category for individual cooking demonstrations.
6. Individuals can also participate by presenting a nutritional poster, place setting or healthy lunch box.

If your club would like to participate, please complete this form,https://forms.gle/UcBK7jttK4w5evDb8 to receive the mystery list! Questions? Contact Marylisa mschaede@umd.edu

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