HOT CAROB

(Hot Chocolate Alternative)

UNIVERSITY OF MARYLAND EXTENSION | SHOP LOCAL EAT SMART



Ingredients:

- 1 Cup Milk
- 1 Tbsp. Carob Syrup (more to taste)
- 1 Tbsp. Honey
- 1 Tsp. Vanilla Extract

Instructions:

1. Combine milk and carob syrup in a small saucepan over medium heat, whisking to combine.
2. Stir in honey and vanilla extract.
3. Heat until reaches desired temperature.
4. Add additional carob syrup to taste and enjoy.

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